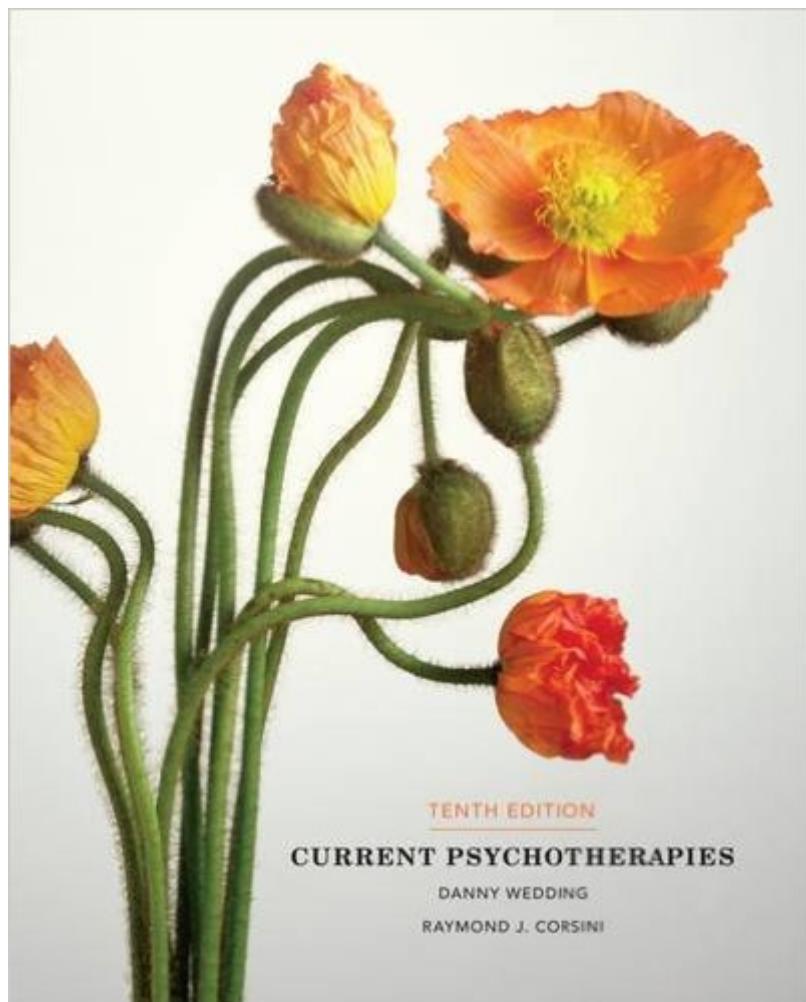


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# Current Psychotherapies



## **Synopsis**

Used in top counseling, psychology, and social work programs and now in its tenth edition, CURRENT PSYCHOTHERAPIES helps readers learn, compare, and apply the major systems of psychotherapy in a way that will be meaningful in their own practices. Each contributor is either an originator or a leading proponent of one of the systems, and presents the basic principles of the system in a clear and straightforward manner, discussing it in the context of the other systems. Theory chapters include a case example that guides readers through the problem, evaluation, treatment, and follow-up process. CASE STUDIES IN PSYCHOTHERAPY, which accompanies the book, offers corresponding cases that demonstrate the basic techniques and methods of the theory being illustrated. Available with InfoTrac Student Collections <http://gocengage.com/infotrac>.

## **Book Information**

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## **Customer Reviews**

While I did have to buy (or rent or borrow) this book, I didn't have to love it. But I think it's a really great book. It's easy to read and clearly outlines how theories are alike and different. There's one chapter for each approach - Humanist, Adlerian, Psychoanalytic, Cognitive, Behavioral, Transformative, Positive, and more. Each is arranged in the same format, so you can compare them easily. And each is written by an expert in that field, so they are comprehensive. If you want to learn about the theories of psychology, I highly recommend this book (and I own several others...).

I had to purchase this book for my Comparative Psychotherapies course and while it is dry and stuffy, it is a wealth of information. I purchased this book for Kindle and I haven't had any issues with

it that I've seen in other reviews. It looks like the textbook and it follows the same way. When I have to use this version on some of my written assignments, it make it easier to cite my work. Not everyone has this book on Kindle but they know right where to turn instead of getting lost trying to find the Kindle location in a real book. It's well written and easy to follow. I like the fact that I can go right to the resources at the end of each chapter and read further on the modality from the articles. You don't always find that in a Kindle textbook. The reason why it didn't get five stars is that when I go to Cengage's website for the extras, I have to pay for that separately. For what I paid for this textbook, that should have been included with the purchase price of either a new book or a Kindle book. Oh well. Can't have everything my way.

Complicated, inconsistent, overblown. Chapters for this and the companion Case Studies book don't line up which I found exceptionally annoying. If your teacher says you have to buy it, sorry... But if you are one of those folks who just likes to read textbooks get something else.

This book is for a course I am taking. It was easy reading and it breaks down each type of therapy approach in a easy to understand format.

The book uses current therapists to describe the different theories. You would think that would be a good idea.... but it is not. The current therapists describe how the theory is used today. The original theory is lost. I would prefer to learn how each theory was meant to be, and then our current adaptations.

I really enjoy this book for my Theory class in grad school. I love that each chapter is written by a different author, because they each have a different writing style and it really makes a difference because the authors of each chapter are experts in their field. This is a great book to get an introduction into different theories and psychotherapies.

Discovered, almost too late, that if you read the summary at the end of the chapter, the entire chapter makes much more sense. Compounded by an obviously distracted professor, it was hard to follow along.

This new edition is not as good as previous editions. Quality of the book is very poor, it has the thinnest softcover I have ever seen in any books at this price, and the cover is already curling up. I

understand people are cutting corners to save money here and there, but come on, this is not a \$10.00 dollars book! I just received the book two days ago, and the front cover is already curled up. My regular printer paper feels thicker than the paper used in this book. I have the feeling I am going to bring this book to my local Staples to have it spiral-bound- there goes another \$20.00 dollars.

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